

How to take digital images of your penile curvature

Your surgeon has asked you to take digital photos of the curvature in your penis. This is to help them get an idea of the severity and location of the curve. It will aid in deciding if you need treatment, and if so which treatment/procedure is best for you. So called 'before and after' images also allow you and your doctor to evaluate how successful treatment has been.

This sheet will explain how to take these photos to ensure they are as clear and useful as possible. This information guide also includes details of where to send these images (please consult your doctor if you are in doubt prior to sending the images electronically).

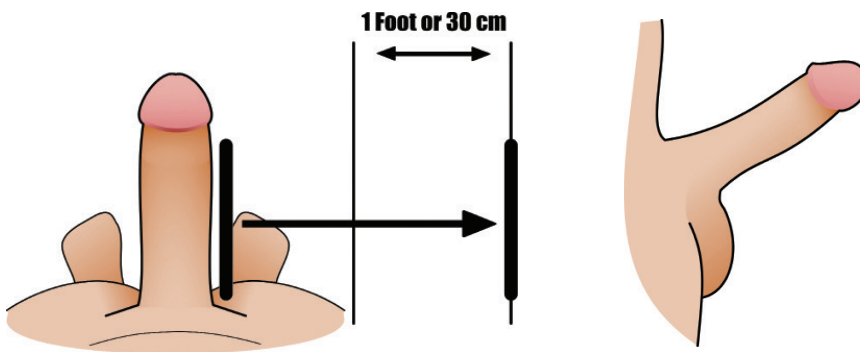
You will need to take two images, one from the side to see how much your penis curves up or down, and then one from the top, to assess how much it curves left or right. It is important that the picture is taken during maximum erection, and at right angles, in good lighting.

Step 1: photo from the side

Hold your camera or smartphone at the level of your penis. If you have a smartphone this may be easier with the front screen camera to enable you to visually adjust during the process. Please ensure adequate lighting.

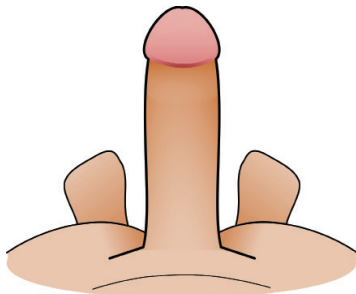
Start with the camera at the level of the penis, then move the camera out roughly a foot from your right hip, keeping it at the same height. Then take a picture of your penis from this angle.

The pictures below demonstrate the process of taking the photo on the left, and roughly what the photo should look like on the right.



Step 2: photo from above

Hold your camera or smartphone above your penis. Then move the camera directly upwards until it is roughly a foot (30cm) from your penis. Then take a photo. The photo should look roughly like the image to the right.



Step 3: what to do with the images

Please remove any obviously identifiable information from the images themselves and send them to your surgeon (they should have specified how). Please include your name and date of birth.

These images will be used to measure and assess your penile curvature, and then will be removed from the system and not stored.

Acknowledgements

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